

LAMPHERE ATHLETICS

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January 25, 2021

Swim Parents,

We have been notified of a COVID-19 case of an individual who attended Swim practice on January 23, 2021. The individual tested today, and found to be positive. We have identified other students deemed to be a close contact (6 feet or less for 15 minutes, longer with, or without a mask) to this individual. We have personally contacted the people identified as close contact. You are receiving this letter for notification purposes. If you have not been not contacted your son has not been deemed close contact.

COVID-19 is a contagious viral illness that spreads in the air through coughing, sneezing, and talking. Recent information suggests people who are not showing symptoms spread COVID-19. It may be possible that a person can get COVID-19 by touching a surface or object that has the virus on it, then touching his or her own mouth, nose, or possibly their eyes. Symptoms include fever, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, and diarrhea.

Unless we get further information practice will continue as planned on Monday.

Russ McKenzie
Lamphere High School Athletic Director
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