

LAMPHERE HIGH SCHOOL

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October 19, 2020

Dear Lamphere High School Football Community,

We have been notified of a COVID-19 case that attended a Lamphere High School football game on October 16, 2020. The student(s) and staff member(s) exposed to this individual have been notified and will receive a separate letter providing specific guidance. This communication is for your awareness and you do not have restrictions according to the Oakland County Health Department. We are canceling today's practice for deep cleaning and plan to move forward on Tuesday with practice as normally scheduled.

COVID-19 is a contagious viral illness that spreads in the air through coughing, sneezing, and talking. Recent information suggests COVID-19 is spread by people who are not showing symptoms. It may be possible that a person can get COVID-19 by touching a surface or object that has the virus on it, then touching his or her own mouth, nose, or possibly their eyes. Symptoms include fever, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, and diarrhea.

For additional information regarding COVID-19, please visit the OCHD website at <https://www.oakgov.com/health>. If you have any questions, please feel free to contact Mr. Thomas, Mr. McKenzie at (248) 589-3943 or Greg Fuller at (248) 589-1990

Russ McKenzie
Lamphere High School Athletic Director
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